

What to include in your emergency bag:

- Water** - for each person in the home, 1 gallon per day for a minimum of three days (to be used for both drinking and sanitation) \*due to size and weight needed to carry, you may want to use a additional bag for water storage.
- Food** - for each person in the home, a three-day supply of non-perishable food
- Manual Can Opener** - for food
- First Aid Kit**
- Flashlight** - including extra batteries
- Whistle** - to signal for help
- Radio and a NOAA Weather Radio** - battery-powered or hand crank powered
- Wrench or Pliers** - to turn off utilities
- Call Phone** - with chargers and a backup battery
- Sanitation Supplies** - moist towelettes, garbage bags, and plastic ties
- Shelter Supplies** - plastic sheeting and duct tape, as well as a dust mask to help filter contaminated air
- Local Maps**

Other considerations for your emergency bag:

- Cash or Traveler's Checks**
- Matches** - in a waterproof container
- Paper and Pencil** - to record important information or to provide pastime activities
- Prescription Medications**
- Over the Counter Medications** - such as pain relievers, antacids, laxatives and anti-diarrhea
- Baby Supplies** - infant formula, bottles, diapers, wipes, diaper rash cream
- Pet Supplies** - food, water, leashes, collapsible bowls
- Children Supplies** - books, games, small stuffed animal for comfort, etc.
- Glasses/ Contacts** - including lens solution
- Important Documents** - insurance policies, ID's, Bank Records, in a waterproof container
- Sleeping Bag or Blankets** - for each person
- Change of Clothes** - including a pair of sturdy shoes
- Eating supplies** - mess kit, paper cups, paper plates and plastic utensils
- Personal hygiene supplies** - feminine supplies, incontinence supplies, toilet paper, etc.
- Household Chlorine bleach** - and a medicine dropper to disinfect water
- Fire extinguisher**
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